

A Message from the President & CEO

North Star Family Services, Inc. invites you to learn about our wide array of family support services.

North Star believes:

- Each family has unique strengths, challenges and needs.
- Each family should be treated with respect and honesty.
- Every milestone, small and large, should be celebrated.
- Everyone needs guidance and/or help sometime in their life.

North Star stands ready to offer support to those in need and provide opportunities for “helpers” to donate their time and resources.

We thank you for caring about families with children in our community.

Best regards,



Jon Hogue, Ed.D
President & CEO



758 Main Street • Leominster, MA 01453
978-466-1704
www.northstarfs.org

Is Your Family in Need of Help?



**Providing Transformative
Services to Families.**

**If your family is
homeless or about
to be homeless . . .**

**Call:
978-466-1704, ext. 11**

**Go to:
Northstarfs.org**



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Shelter Services

North Star provides shelter in the community that serves up to five families at a time.

We offer:

- Community living environment
- Private bedrooms
- Playroom and playgrounds for children
- Meals and personal hygiene supplies
- Common area, video cameras for safety
- Alcohol, drug and violence-free environment
- WIFI and temperature controlled
- Trauma-sensitive philosophy that offers stress reducing programming such as certified YOGA classes, therapy animal visits, and family game nights

Wellness and Skill Building Trainings

North Star provides an array of weekly trainings that focus on a healthy lifestyle, general well-being and family preservation.

- Group living environment
- Building a budget, saving money and repairing credit
- Resume writing, interviewing techniques, and job search skills
- Landlord/tenant rights
- Nutrition
- Healthy eating on a budget
- Overall wellness and stress management

Case Management and Referral

North Star is with you every step of the way.

- Weekly, on-site case management and daily check-ins
- Staff supported guidance, emotional support, and advocacy towards general sense of HOPE
- Income review and financial accountability
- Resource Directory
- Job and housing assistance
- Service and goal plan model developed in first week
- Random toxicology screens
- Access resources – health insurance, mental health referral, substance abuse treatment, day care, food stamps, primary care physicians, etc.

Supportive Permanent Housing



Providing
Transformative
Services to Families



Journey Home

**Every Family Deserves
a Safe & Healthy Home**

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In 2018, North Star decided to address the desperate need for more affordable housing in North Central MA. This was the beginning of the Journey Home housing project.



Architectural plans were drawn, zoning was approved, and funding has been secured from local, state, and federal sources. North Star intends to begin construction in 2024 and open in 2025.



This program will provide truly affordable, subsidized housing for families. Wrap-around supportive services are planned to further strengthen and support the families in our region.



Volunteer Opportunities



Providing Transformative
Services to Families.

A grayscale image showing a word cloud on the left and two hands being held out on the right. The word "volunteer" is the largest and most prominent in the word cloud. Other words include "care", "UNITE", "inspire", "give", "GIFT", "selfless", "purpose", "charity", "support", "kindness", "DONATE", "HELP", "blessings", "SHARING", "intention", "vision", "ABUNDANCE", "connect", "teamwork", "unconditional", "community", and "sponsor".

CONTRIBUTE care UNITE inspire humanity give GIFT
selfless purpose charity
FRIENDS NOW support volunteer
kindness DONATE HELP
blessings SHARING intention vision
ABUNDANCE connect teamwork
unconditional community sponsor

North Star Family Services is a community based, grass roots organization that has had a sound foundation of volunteerism since its inception in 2002.

There are many ways that you can significantly make a difference in the lives of the homeless families in our community.

**Are you willing to donate
some of your time?**

**You have the power
to change a life.**

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**North Star volunteers
strengthen our
organization and help
change our families' lives.**

**On an on-going basis,
volunteers are needed
for projects and initiatives
such as:**

- Organizing a work, church, civic, family or friend group to serve meals to the shelter on a rotating, quarterly basis.
- Volunteering with a friend on Tuesday nights to supervise structured activities with shelter children while the adults are in case management trainings.

Other ways to help:

- Painting projects
- Vegetable garden
- Fundraising Committee
- Enriching and engaging activities for our children

Ways to Help



Providing Transformative
Services to Families



**North Star is a
"Community" Shelter.**

**We need the entire community to enable
us to help homeless families.**

This includes:

- Corporate support
- Private donor support
- Fundraisers
- Grants
- Foundations
- Trusts
- Bequests

We Need Your Support

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**North Star is not a Commonwealth,
State run shelter but rather is a private,
Community Based shelter.**



**In an effort to prioritize helping families
from our community, North Star continues
to be funded through small grants,
foundations, fundraisers, local business,
private donors, and the general community.**



**Our shelter operates on an efficient model
of four full-time staff members and
all agency funds are carefully managed.**



***Below is a partial list of our
community donors:***

- CDBG Fitchburg
- CDBG Leominster
- Rollstone Bank and Trust
- Digital Federal Credit Union
- DCU for Kids
- United Way of North Central Mass.
- Community Foundation of North Central Mass.
- Greater Worcester Community Foundation
- Nypro Foundation
- George Wallace Foundation
- Douglas and Isabelle Crocker Foundation
- Crane Foundation
- Avidia Charitable Foundation
- Bemis Associates, Inc
- Workers Credit Union
- Greater Lowell Community Foundation
- Nashoba Valley Healthcare Fund
- MA Association of Realtors
- IC Federal Credit Union

