



Providing Transformative Services to Families.



## Overview of Services and Opportunities

758 Main Street • Leominster, MA 01453  
978-466-1704  
[www.northstarfs.org](http://www.northstarfs.org)



## A Message from the Executive Director

North Star Family Services, Inc. invites you to learn about our wide array of family support services.

North Star believes:

- Each family has unique strengths, challenges and needs.
- Each family should be treated with respect and honesty.
- Every milestone, small and large, should be celebrated.
- Everyone needs guidance and/or help sometime in their life.

North Star stands ready to offer support to those in need and provide opportunities for “helpers” to donate their time and resources.

We thank you for caring about families with children in our community.

Best regards,

Jon Hogue, Ed.D  
Executive Director

[● Learn About Our History](#)

[● Visit Our Website](#)

[● Visit Us on Facebook](#)



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# Is Your Family in Need of Help?

## Providing Transformative Services to Families.

If your family is homeless or about to be homeless . . .

Call:  
978-466-1704,  
ext. 11

Go to:  
[Northstarfs.org](http://Northstarfs.org)

### Shelter Services

North Star provides shelter in the community that serves up to five families at a time. We offer:

- Community living environment
- Private bedrooms
- Playroom and playgrounds for children
- Meals and personal hygiene supplies
- Common area, video cameras for safety
- Alcohol, drug and violence-free environment
- WIFI and temperature controlled
- Trauma-sensitive philosophy that offers stress reducing programming such as certified YOGA classes, therapy animal visits, and family game nights

### Wellness and Skill Building Trainings

North Star provides an array of weekly trainings that focus on a healthy lifestyle, general well-being and family preservation.

- Group living environment
- Building a budget, saving money and repairing credit
- Resume writing, interviewing techniques, and job search skills
- Landlord/tenant rights
- Nutrition
- Healthy eating on a budget
- Overall wellness and stress management

### Case Management and Referral

North Star is with you every step of the way.

- Weekly, on-site case management and daily check-ins
- Staff supported guidance, emotional support, and advocacy towards general sense of HOPE
- Income review and financial accountability
- Resource Directory
- Job and housing assistance
- Service and goal plan model developed in first week
- Random toxicology screens
- Access resources – health insurance, mental health referral, substance abuse treatment, day care, food stamps, primary care physicians, etc.

# Volunteer Opportunities

Providing Transformative Services to Families.



North Star Family Services is a community based, grass roots organization that has had a sound foundation of volunteerism since its inception in 2002.

There are many ways that you can significantly make a difference in the lives of the homeless families in our community.

Are you willing  
to donate  
some of  
your time?

You have the  
power to change  
a life.

**North Star volunteers strengthen our organization  
and help change our families' lives.**

**On an on-going basis, volunteers are needed  
for projects and initiatives such as:**

- Organizing a work, church, civic, family or friend group to serve meals to the shelter on a rotating, quarterly basis.
- Volunteering with a friend on Tuesday nights to supervise structured activities with shelter children while the adults are in case management trainings.

**Other ways to help:**

- Painting projects
- Vegetable garden
- Fundraising Committee
- Enriching and engaging activities for our children



# Ways to Help

## Providing Transformative Services to Families.



### North Star is a "Community" Shelter.

We need the entire community to enable us to help homeless families.

#### This includes:

Corporate support  
Private donor support  
Fundraisers  
Grants  
Foundations  
Trusts  
Bequests

### We Need Your Support.

North Star is not a Commonwealth, State run shelter but rather is a private, Community Based shelter.

North Star is funded through small grants, foundations, fundraisers, local business, private donors, and the general community.

Our shelter operates on an efficient model of three full-time staff members and all agency funds are carefully and thoughtfully managed.

The shelter recently went green and secured a donation of 44 solar panels so our electric power is now provided by the sun.

#### *Below is a partial list of our community donors:*

- CDBG Fitchburg
- CDBG Leominster
- Rollstone Bank and Trust
- Digital Federal Credit Union
- DCU for Kids
- United Way of North Central Mass.
- Community Foundation of North Central Mass.
- Greater Worcester Community Foundation
- Nypro Foundation
- George Wallace Foundation
- Douglas and Isabelle Crocker Foundation
- Crane Foundation
- Avidia Charitable Foundation
- Bemis Associates, Inc
- Workers Credit Union
- Greater Lowell Community Foundation
- Nashoba Valley Healthcare Fund
- MA Association of Realtors
- IC Federal Credit Union

# Supportive Permanent Housing

Providing Transformative Services to Families.



Every Family  
Deserves a  
Safe &  
Healthy Home

North Star is in the early planning stages to build a permanent, supportive living community for families in Leominster. We have secured a property with several acres where we are currently conducting due diligence measures prior to applying to the Commonwealth for grant assistance.

This program will provide truly affordable, subsidized housing for families. Additionally, wrap-around supportive services are planned to further strengthen and support our families.

A capital campaign and the generosity of many donors will be needed to make this community resource a reality.

**Please Join Us.**

